

The Scottish Association for Children with Heart Disorders

The objectives of the Association are:

- To advance the education of the public about the problems experienced by children and young adults with congenital heart conditions and their families.
- To relieve the suffering and distress, and promote the welfare of children and young adults with congenital heart conditions in particular by the support of parents and families, so that their conditions of life may be improved.

Monies raised are spent in Scotland on research projects, equipment for hospitals, and homes, and family support grants. We publish information leaflets, books, magazines and newsletters, as well as providing weekend breaks for young adult, teenage and family groups.

You can find more information about the SACHD here:
<http://www.youngheart.info>

Contact Us

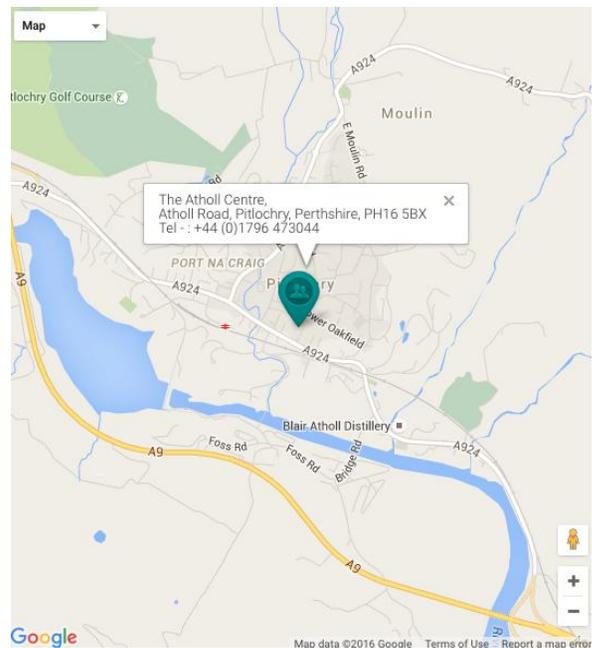
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Website
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Family Weekend Link
<http://www.youngheart.info/holiday-breaks/family-weekends.aspx>

Location



Family Weekend 2017

Friday 12th to Sunday 14th May 2016.

Atholl Centre, Pitlochry.





“Everyone is so friendly, it’s like one big happy family.”

“Good food, great company, and very enjoyable weekend.”

“Lovely to meet families who are in similar situations to ourselves.”

What will we be doing?

This year’s new look Family Weekend will be organised by Caroline & Lesley, booking opens on **1st February 2017**. You can find a booking form at: www.youngheart.info

The weekend officially starts with 7pm dinner on Friday night, we’ll be around to welcome you anytime after 4pm. There won’t be any organised activities before 7pm, but feel free to arrive and get settled into your rooms and explore Pitlochry! After dinner we will take a short stroll to the local revamped play park that’s a hit with all the kids (and adults)!

On Saturday we’ll be cycling, swimming and also have our new family fun night!

Sunday starts with some putting and a wander down the Main Street, before having lunch together then finishing our time together at 230pm.

All the activities are optional, don’t worry if you don’t fancy one of them, there will be plenty of people around doing other things you can join in with, or you can have some time to yourselves, up to you!

Where will we be staying?

We will be staying at the Atholl Centre in Pitlochry. You can find more details about it here: <http://www.athollcentre.org.uk>

Accommodation

The Atholl Centre is a residential, holiday and community centre based on Pitlochry Main Street. They offer hostel like accommodation, with a variety of room’s available, social spaces and a large dining room.

Food

We try our best to cater for everyone’s needs over the weekend, but obviously we can’t suit everyone who attends. Before the weekend we’ll send you out a menu for all the meals. If there’s something you can’t eat we will do our best to have an alternative. There is a secondary kitchen to store and prepare food for people with allergies or other dietary requirements.

We are trying to minimize the food waste and make sure we do our best to keep everyone’s needs catered for. So this year we ask that if you are bringing food with you, that you keep it in your room at all times. We will provide refreshments for the cycle and for our evening activities.

What does it cost?

The weekend is subsidised by The Scottish Association for Children with Heart Disorders. To help make sure we can continue to support this, and many other projects, we ask for a contribution to all, or some, of the below rates. These figures are requested, but don’t feel they are required.

- £70.00 – Adult
- £50.00 – Under 18s
- £30.00 – 15s and under
- Free – Under 5s
- Free – Heart children

During the weekend you will be given an envelope for your donation including gift aid details if you wish to fill in.