

NEIL GIBSON SINCLAIR 1916 – 2017

Neil Sinclair.... an honouree member of The Scottish Association for Heart Disorders passed away on Christmas day 2017.... 101 years old.

People like Neil are very rare in life and we were so lucky to have him take us under his wing.

I'm sure a lot of you will remember that over the years Neil has given most generously to the Association. A very keen cyclist he was always promoting the benefits of 2 wheels opposed to 4. One-year Neil cycled from Perth to Montrose to join us for our AGM. He cycled Lands End to John O' Groats raising money for the Association. He donated his Citroen car, which we sold on his behalf.

When it became time, very reluctantly, to give up cycling on the roads he donated 28 of his bikes to the Association. Neil's enthusiasm for exercise continued he had an exercise bike set up under a lean-too at the side of the house where he would peddle and sing away (with a bit of French thrown in) to his heart's content. All his bikes were sold to good homes, one because of its rarity, is hanging on the persons living room wall.

A man of great humour, always wearing a smile, he would leave you feeling a lot happier when you parted. Neil's favourite rhyme:

Our Doctors say when they're in doubt, of course there's a lot of it about.
Or murmur maybe, you must remember, it's your age.
They tell you looking most profound, it's something that is going around.
There isn't one among the lot who'll tell you plainly what you've got!

Our Friend Neil Sinclair

