

Dear members,

Welcome to our April Newsletter! Spring has finally sprung! We have already had a busy start to the year and are looking forward to what the rest of 2018 has in store.

### SACHD CARAVAN

The 2018 caravan season is now upon us. The Association's 3 bedroom caravan is fully equipped to a very high standard and is situated near picturesque Pitlochry in the heart of Scotland. Please use the following link to view availability or to find out more about the caravan and how to book; <http://www.youngheart.info/holiday-breaks/holiday-caravan.aspx> Please note that during school holiday periods priority will be given to families with school age children.

### FAMILY WEEKEND

Booking has now closed for the Pitlochry Family Weekend running 11-13<sup>th</sup> May. If you have applied for a space you can expect to hear from the organisers, Caroline and Lesley very soon.

### CARDIAC WARD 1E

We donated some fitting heart theme Valentine decorations to the ward for Valentine's Day. Claire, the ward play specialist sent us some pictures to show how beautiful they made the ward look.



### WHAT? WHY? CHILDREN IN HOSPITAL VIDEO

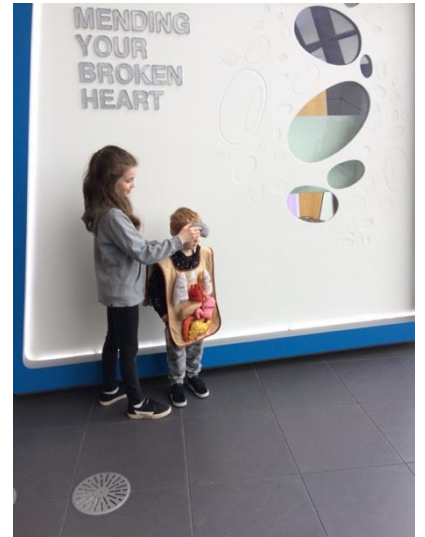
We are very excited to finally share What? Why? Children in Hospital's video about teenagers with heart conditions with you, now that it has been launched. The video, as you may recall was funded by SACHD and features courageous young people speaking honestly about their experience of growing up with a heart condition. The video has had almost 8,000 views on Facebook already. We are sure it will help lots of other young people and that you will enjoy watching. Please share widely.

<https://www.facebook.com/wwcih/videos/1526466760785767/>

## RECENT ACTIVITY

### **Science Centre Day Out**

We had a brilliant day out at the Glasgow Science Centre on 11<sup>th</sup> March. 71 of us enjoyed meeting and eating together and having fun. It was great to see everybody and to welcome new families into our ever growing heart community.



### **Easter Craft Event**

Our Easter Event had a change of venue this year. Here are some pictures of us enjoying crafts and fun in the X-ray area at the Royal Hospital for Children on Sunday 25<sup>th</sup> March where we had almost 60 in attendance. Thank you to everyone who came along.



## FUNDRAISING

### **Fundraiser Gig**

Alternative Promotions hosted a fundraiser gig for SACHD on 1<sup>st</sup> February. Their [Rock It! For Charity](#) event raised £102.80, all from voluntary donations collected during the evening! Thank you to LJ for choosing to fundraise for the Association, to the fantastic bands who performed and to everyone who supported the event!

### **YPI Initiative**

The Youth and Philanthropy Initiative is a programme where school students choose a charity they care about and make an application on their behalf for a YPI grant award of £3,000.

Trinity High School and Hutcheson's Grammar both chose to represent SACHD in the YPI Scotland Programme. Unfortunately neither team were chosen to receive the £3,000 grant however, the team from Hutcheson's Grammar impressed the panel so much with their talk show format presentation that YPI Scotland have decided to film and display it on their website as a example of how a YPI presentation should look. Well done! In addition, one of the judges from the panel awarded them £500 for SACHD, which we are delighted about. Thank you to the team at Hutcheson's Grammar- Brodie, Glen, Paddy, Laura and Advay, the team at Trinity High- Karys, Keely, Niamh and Nicole, and to YPI Scotland and Scottish Equity Partners for supporting the SACHD.

### **Easter Fayre**

Thanks to all who supported us at our Easter stall at the hospital, helping us raise £297.30! Thank you also to our volunteers for setting up and giving your time and to those who donated goods.

### **Go Ahead Club**

Thank you to the Go Ahead Club from the Rutherglen United Reformed Church for their kind donation of £150 and the flowers presented to Anne and Esther for giving a presentation about the SACHD.

### **Kiltwalk- Team Tartan Bravehearts**

For many children (and their families) a visit to cardiology for an echo or ECG can be a distressing experience, so we are raising money to purchase and donate ceiling light projectors to soothe and distract young patients having to undergo tests and scans. Since the cardiology outpatients department in Glasgow sees 1,300 new and 3,000 return outpatients each year with clinics running every week day the projectors will make a difference to thousands of children. Thank you to our team of volunteer Kiltwalkers and to everyone who has helped them to reach their target!

Read more about their fundraising here;

<https://glasgowkiltwalk2018.everydayhero.com/uk/tartan-bravehearts>

## UPCOMING EVENTS

### **Aberdeen Easter Party**

Lisa Simons is hosting an Easter Party for our North East cardiac families on Saturday 8th April.

If you can make it please RSVP to Lisa on [lisa.b2@btinternet.com](mailto:lisa.b2@btinternet.com) so that she can let the Easter Bunny know how many treats to leave.



### **Glasgow Branch AGM**

All are invited to attend our Glasgow Branch AGM on Sunday 6<sup>th</sup> May at 2pm in room 008 on the 3<sup>rd</sup> floor of the Children's Hospital. Are you interested in finding out more about the charity or would you like to volunteer with us? If so, please come along. Be assured you will receive a warm welcome.

We hope to see you at one of our meetings or events very soon. If you would like to ask any questions or are looking for support please contact any of us and we'll be glad to help. Our contacts are listed below.

Best wishes from your Glasgow Branch

### **Glasgow branch contacts:**

**Chair:** Lesley Kinnear [events@youngheart.info](mailto:events@youngheart.info)

**Assistant Chair:** Caroline Aitken [vicechair@youngheart.info](mailto:vicechair@youngheart.info)

**Treasurer:** John Fegan [chairman@youngheart.info](mailto:chairman@youngheart.info)

**Secretary:** Joelle Miller [glasgow@youngheart.info](mailto:glasgow@youngheart.info)

And you can always get in touch with us via the [SACHD Facebook page](#) or [Twitter](#)