

The Scottish Association for Children with Heart Disorders

Our aim is:

To give support and understanding in everyday care and welfare to parents and families of children with heart disorders

To improve facilities for children in Scottish heart units and clinics.

To raise funds towards providing essential specialised equipment which isn't currently provided by the NHS

Whether your family are coming to terms with your child's diagnosis, undergoing treatment or managing day-to-day life with a child who has a heart condition.

We are here to support you.

SACHD is volunteer run, meaning that we are able to keep expenses to an absolute minimum and direct money where it best benefits children and families.

All monies raised are spent in Scotland.

Contact Us

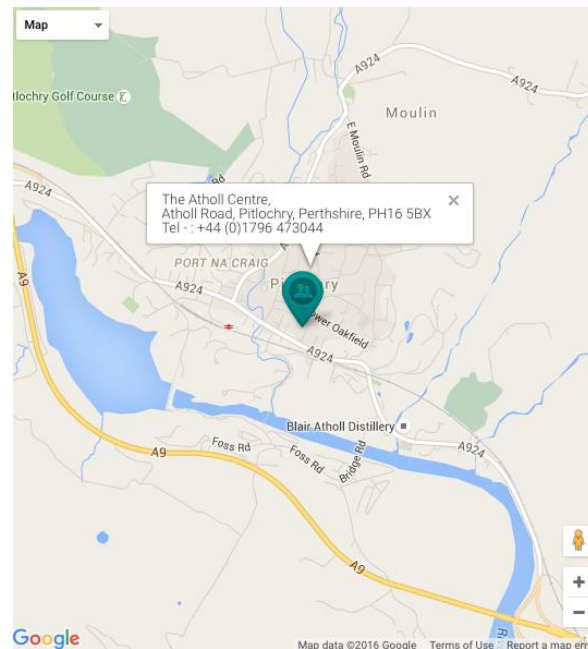
Lesley
075871 45171

Email: events@sachd.org.uk

You can find a booking form at:
www.youngheart.info

Family Weekend Link
<http://www.youngheart.info/holiday-breaks/family-weekends.aspx>

Location



Family Weekend 2024

Friday 17th to Sunday 19th May 2024

Atholl Centre, Pitlochry.

Website
www.youngheart.info



Registered Charity No. SC035499



The Weekends Activities

This year's Family Weekend will be organised by Lesley, booking opens on **9th February 2024** and will remain open until **22nd March 2024**.

Places will be confirmed by the 29th of March 2024.

Friday, arrival any time after 4PM, allowing plenty of time to settle into your room and meet everyone.

On Saturday we'll be cycling, swimming, with free time in the afternoon for a wander through the main street and visit some of the lovely shops in Pitlochry!

On Sunday we will be visiting the Highland Safaris for Gold panning where both adults and children can take part.

Please Note: Activities are based off site and will require you to have transport to drive to some of the locations.

"Everyone is so friendly, it's like one big happy family."

"Good food, great company, and very enjoyable weekend."

"Lovely to meet families who are in similar situations to ourselves."

Evenings involve a short stroll to the local play park followed by a chance to chill out with tea & coffee and snacks in the lounge. The kids can enjoy some time to relax before bed.

All the activities are designed to suit the group and are optional. Should you have any questions please don't hesitate to ask!

Accommodation

We will be staying at the Atholl Centre in the Main Street of Pitlochry. This is a residential and holiday centre with full facilities including conference lounge, TV room, large dining room and separate bedroom for each family, cots & highchairs can also be provided.

The Atholl Centre have been successfully hosting the SACHD family weekend for over 25 years and provide us with full exclusivity of the centre for the duration of the weekend.

You can find more details about it here: <http://www.athollcentre.org.uk>

Food

All meals are provided during the weekend, from full continental breakfasts and hot option (on Saturday), two course lunches and two course evening meals including tea, coffee, and diluting juice for the children.

All dietary requirements can be catered for.

There is a secondary kitchen to store and prepare food for people with severe allergies or store medication in a fridge.

We will provide some light refreshments for the cycle and for our evening activities.

Costs

The weekend is subsidised by The Scottish Association for Children with Heart Disorders.

However, to make sure we can continue to support this, and many other projects, we require your contribution as follows.

- £80.00 – Adult
- £35.00 – 11-16yrs
- £15.00 – 6 –10yrs
- Free – Under 5s
- Free – Heart children

Payment for the weekend should be paid by bank transfer by the 3rd of May 2024, however if you prefer to pay by cash on the weekend, please let Lesley know asap.